# The Agony in the Garden

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The Agony in the Garden refers to the events in the life of Jesus as recorded in the New Testament, between the Farewell Discourse at the conclusion of the Last Supper and Jesus' arrest



### The apostles are sent off to pray

► "He said to his disciples, 'Sit here, while I pray.' And he took with him Peter and James and John, and began to be greatly distressed and troubled. And he said to them, 'My soul is very sorrowful, even to death; remain here, and watch.'



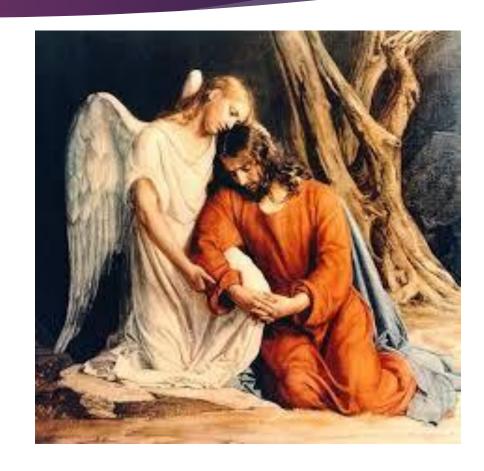
## Jesus Praying

► He advanced a little and fell prostrate in prayer, saying, "My Father, if it is possible, let this cup pass from me; yet, not as I will, but as you will."



#### The Angel Comes to Comfort Jesus

His crushing sorrow was so great that "there appeared to him an angel from heaven, strengthening him. And being in an agony he prayed more earnestly; and his sweat became like great drops of blood falling upon the ground"



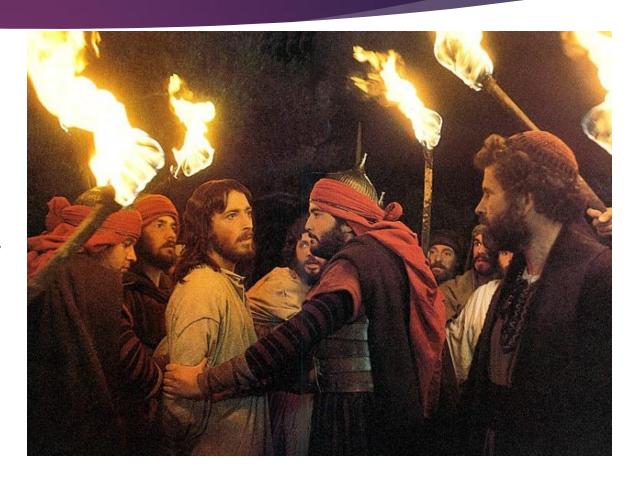
## The Apostles are asleep

▶ Jesus went back to his companions three times, and each time he found them heavy with sleep. The last time, it was too late: "Are you still sleeping and taking your rest? It is enough; the hour has come; the Son of man is betrayed into the hands of sinners. Rise, let us be going; see, my betrayer is at hand.'



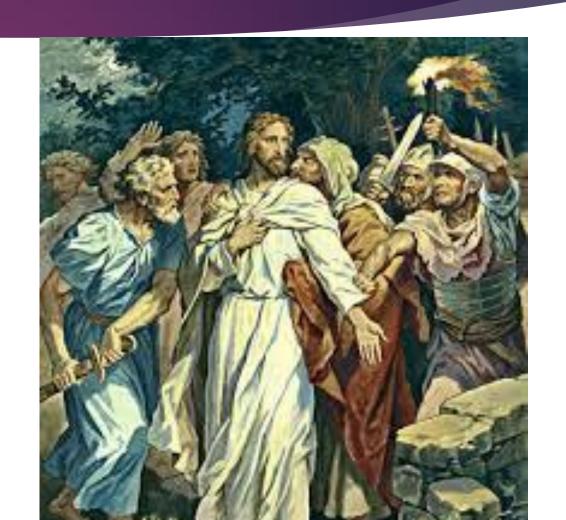
## Judas Betrayal

▶ Judas came, one of the twelve, and with him a crowd with swords and clubs" (Mk 14:41-43). With a kiss he betrayed our Lord, who was arrested, while the disciples abandoned him and fled.



### Peter Cutting off the ear

Simon Peter then, having a sword, drew it and struck the high priest's slave, and cut off his right ear;



#### What do we learn from this?

- ▶ 1. It's Okay To Be Troubled Jesus was "sorrowful and troubled" (Mt 26:37), .
- ▶ 2. Prayer Matters We should imitate Jesus and PRAY!
- ▶ 3. Ask Your Friends For Help ! Jesus asked Peter, James and John to accompany Him as He prayed in the garden. There is never a reason to suffer alone!

#### What do we learn from this?

- ▶ 4. God Can Do All Things "Abba, Father, all things are possible to you." (Mark 14:36)
- ▶ 5. It's Okay To Ask For Relief "My Father, if it be possible, let this chalice pass from me." (Mt 26:39)
- ▶ 6. Thy Will Be Done We should accept the Lord's decision. When Jesus prayed that His suffering might pass, He appended the words "but not as I will, but as thou will"

#### What do we learn from this?

- ▶ 7. Prayer Always Works We often complain that God doesn't answer our prayers. What this really means is that He doesn't answer them in the way we'd like. We have to trust that, when we pray, we'll always receive what we NEED, not necessarily what we WANT.
- ▶ 8. Don't Stop Praying , St. Matthew tells us that Jesus prayed three times in the garden "saying the same words" (Mt 26:44
- ▶ 9. Pray To Avoid Temptation Without prayer, it's very easy to give up as we tire of carrying our cross. Take Jesus' words seriously and keep praying even if you don't feel like it.
- ▶ 10. Angels Are Real An angel was sent to strengthen the Lord (Lk 22:42). Each of us has a guardian angel who watches over us. Remembering that fact during times of trouble can be extremely comforting. If an angel was sent to strengthen the Lord during His incredible agony, couldn't your angel do the same for you?