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Area	Author	Title	Paul's Observations
Prayer	St Teresa of Avila	The Interior Castle	This book is the super bowl of contemplative prayer. Shows one the possibilities of where prayer can take you.
	St Teresa of Avila	The Way of Perfection	Teresa's essay for her nuns on being with God. Beautiful section on the Our Father.
	Fr. William Barry	God and You	Beautiful, short, easy to read book on full spectrum of prayer
	Fr William Barry	Seek my Face	Discussion of prayer and being with God
	Fr William Barry	Finding God in all Things	Discussion and rationale of Jesuit Spiritual Exercises
	Fr William Barry	Here's my Heart, Here's My Hand	Discussion of prayer and discernment
	Thomas Merton	Contemplative Prayer	Book written to teach Trappist Monks how to conduct contemplative prayer. Excellent, but deep. I read this book too early in my formation. Will read again later.
Living Life	Father Greg Boyle	Tattoos On the Heart	A beautiful contemporary book on acceptance, love and inclusion. One of the best books I have ever read.
	Archbishop Timothy Dolan	To Whom Shall We go?	Short, readable book on Catholic life. Bishop Dolan uses St Peter as his unifying theme. Excellent!
	Mathew Kelly	Rediscovering Catholicism	Readable but long review of the beauties of being a Catholic. Kelly will not give you any earth shattering conclusions, but a good review and motivational book to read.
	St Francis de Sales	Introduction to the Devout Life	St Francis beautiful guide to how lay people should be with Christ in a busy world. Practical, incredible.
	Patrick Fermol	A Time to Keep Silent	Observations of a travel book author based on his living with Benedictine Monks for several months. Insightful, reinforces value of silence
	David Robinson	The Family Cloister	Using the Benedictine Rule to guide family life
	James Hunter	The Servant	Excellent book on servant leadership.
	Rick Warren	The Purpose Driven Life	Number One best seller by a Protestant Mega Pastor. Great life lessons.

	Stephen and Alex Kendrick	The Love Dare	Book aimed at improving marriages. I learned a lot from their discussions on what causes marital issues.
	Allen Hunt	Confessions of a Mega Church Pastor	Allen Hunt was a mega church pastor who could not explain the Eucharist using his church's theology. Reading this book makes you proud to be a Catholic. Great discussion of beauty of the Eucharist.
	Archbishop Timothy Dolan	Where Shall We go?	Great, short and very readable discussion of the faith journey written by probably the most prominent Catholic in the U.S.
	Randy Hain	The Catholic Briefcase	Randy is an Atlanta businessman whose message is we need to integrate Christ into our lives. He provides practical and obtainable ways to do just that. <u>Short, practical read.</u>
Scripture	Fr Dennis Hamm	Building our House on Rock	Scholarly comparison of Gospel of Luke and Matthew on the sermon on the mount. Fr Hamm's discussion of beatitudes is great.
Spirituality	Thomas Merton	The Seven Storey Mountain	Famous book on Merton's conversion. Includes his personal debate about being with God. A classic.
	Chris Lowney	Heroic Leadership	Jesuit spirituality as guide to conducting business; really interesting!
	Margaret Silf	Inner Compass	Guide to Jesuit Spirituality. Ms Silf is super and encouraging
	Margaret Silf	At Sea with God	Discussion of Jesuit Spirituality using sailing as backdrop
	Fr George Traub	An Ignatian Spirituality Reader	Collection of essays on Jesuit Spirituality-gives background on all key Jesuit spiritual concepts
	Fr James Martin	The Jesuit Guide for Almost Everything	Excellent overview of Jesuit Spirituality

	Leonard Foley	To Live as Francis Did	Implementation of Franciscan Spirituality for daily life
	Fr William Barry and Father Robert Doherty	Contemplatives in action	Commentaries on Jesuit Spirituality
	Fr Keith Egan	Carmelite Prayer	Overview of Carmelite Spirituality
	Jordan Aumann OP	Christian Spirituality in the Catholic Tradition	A historical summary of Catholic Spirituality. Father Aumann includes a few pages on all the great Catholic Saints.
	David Fleming SM	The Fire and the Cloud	Coverage of all the great Saints and their spirituality
	John Talbot, Steve Robey	Lessons of St Francis	Implementation of Franciscan Spirituality for daily life
	Fr Murray Bodo	The Way of St Francis [of Assisi]	Father Bodo is great, gives a very simple and practical way to follow the way of St Francis
	Pope John Paul II	In my own words	Quotes topically organized from Blessed JP. I used this book as a reflection. Will take your breath away.
	Amy Welborn	Come Meet Jesus	Amy, a Birmingham resident, wrote a beautiful book on Pope Benedict XVI. Before reading this book, I thought Benedict was a pit bull, but after I discovered a wonderful man whose message for all of us is to get closer to Christ. Amy is awesome!
Saints/ Religious Orders	JK Ryan	Confessions of St Augustine of Hippo	You think you've sinned. Read this book by a man who became a Doctor of the Church. Beautiful. Need to know a little Church history around 300 to appreciate.
	Fr. James Welch	The Carmelite Way	Overview of the history of the Carmelites, including all their great Saints.
	ST Ignatius of Loyola	Constitutions	Operating procedures for Jesuits. If you are an organizational guy at all, Ignatius' attention to detail will blow you away
	Fr Louis Puhl ed	The Spiritual Exercises	Mentor guide to conducting the Spiritual exercises.

	Dennis & Sheila Linn	Sleeping with Bread	Light, useful guide on the Jesuit Examen
	St Benedict	The Wisdom of the Monastery, the Rule	St Benedict's precedent setting guide for the governance of religious orders....beautiful in it's directness
	Gina Loehr	The Four Teresas	Overview of the lives of Tereasa of Avila, Therese of Lisieux, Teresa Benedicta [Edith Stein] and Mother Teresa. Powerful
	St Teresa of Avila	The Life of St Teresa	St Teresa's autobiography
	St Teresa of Avila	Foundations	St Teresa's story of the founding of her convents. Great story of a contemplative saint who became a shrewd, alliance building business woman who overcame incredible obstacles to make her convents happen. Great story of faith in action.
	St Theresa of Lisieux	Simply Surrender	Meditations based on St Therese's writings. Great
	Elisabeth Stoop ed.	St Francis de Sales	St Jane Chantel's testimony at the beatification inquiry on St Francis de Sales; she was quite a gal. In depth look at Francis the man.
	St Francis De Sales	Finding God's Will for You	Series of lectures by St Francis on lay spirituality. Excellent
	St Francis De Sales	Set Your Heart Free	Daily Meditations based on St Francis de Sales spirituality-super super!
	Fr John Welch	The Carmelite Way	Excellent overview of the Carmelite order & their key saints.
	Erik Borgman OP	Dominican Spirituality	Very scholarly coverage of Dominican spirituality
	Guy Bedouelle OP	St Dominic	Beautiful biography of St Dominic
	Algan Thorold, trans	The Dialouge of St Catherine of Sienna	A powerful book: recordings St Catherine's conversations with God.
	F A Forbes	St Catherine of Sienna	Short biography of St Catherine.
	Fr Raymond Capua	St Catherine of Sienna	Fr Capua was very close to St Catherine. This book written shortly after her death is the best biography on this great saint.
	Peggy Noonan	John Paul the Great	A "remembrance" of JP's life. Beautiful book.
	Father Andy Alexander et al	Retreat into the Real World	Guide to conducting the Jesuit Spiritual Exercises

	Louis Everly	That Man is You	Book written in 60's by European priest...asks questions about our relationship with God in a beautiful way. Out of print, but worth looking for.
	Joel Giallanza CSC	The Seven Sorrows of Mary	Reflections on our Blessed Mother's sorrow. Opened a new appreciation for our Lady for me.
	Fr David Knight	His Way	Anything by Father Knight is good; discussion of lay spirituality centered on finding Christ.
	Fr Oscar Lukefahr	We Live to Know, Serve and Love God	Test used in our RE program. Good discussion of Catholic apologetics with emphasis on use in daily lives.
	Fr James Martin	My Life with the Saints	Father Jim tells the story of his life and how selected Saints helped and guided him on his way. A beautiful book that directly addresses the role of Saints in our lives and how they can help us.
	Fr Mike Sparough and Fr Jim Mainey	What's Your Decision?	Good book describing the Ignatian discernment process.
	Cardinal Stanislaw Dziwisz	My Life with Karol	Biography of JP II written by his long time assistant. Includes many personal insights and gives the reader a better understand of what made this great Pope tick.
	Fr Dubay	Fire Within	Author believes we should all be contemplatives and uses documentation from St Teresa and St John of the Cross to prove it. This book will take you on a spiritual journey. Deep, 400 pages, worth the effort
		100 Themes of St Teresa	Small factoids that contributed to St Teresa's spirituality and the challenges she faced. Really intended for St Teresa nuts.
Male Spirituality	Fr Richard Rohr	Wild Man to Wise Man	Eye opening review of how men relate to God; reviews male inhibitions to spirituality.
	Fr Richard Rohr	Adam's Return, the five Promises of Male Initiation	Lovely discussion of male initiation...interesting book on what is missing from men's lives
	Fr Richard Rohr	On the Threshold of Transformation	Super, super daily meditations for men

	Fr Larry Richards	Be a Man	Good discussion of how a man needs to be with God. Written from a practical point of view, this book challenges men to be the spiritual leaders of their families.
	Richard Bode	First You have to Row a little Boat	Non denominational, short book using sailing to discuss male spirituality issues. Beautiful read.
	US Conference of Catholic Bishops	Hearing Christ's Call	Written in 2002, this is the USCCB guidance for forming male spirituality programs.
	Patrick Morley	Seven Seasons of the Man in the Mirror	Discussion of Male Spirituality by a Protestant. Good ideas, but shallow when compared to Catholic authors.
	Fr Richard Rohr	A Lever and a place to Stand	Beautiful book on contemplation. Very practical guidance for adjusting our attitudes so we can be closer to God.
Cursillo	Eduardo Bonnin	My Spiritual Testament	Spirituality of the founder of Cursillo; beautiful, but one has to work to get key points
	Rev Frank Salmani	Fundamentals of Christianity	Excellent guide to implementing Cursilliso Spirituality
	Rev Frank Salmani	Whom Shall I Send?	Super discussion of Cursillista apostolic role
	Rev Ivan Rohloff	The Origins and Development of Cursillo	Incomplete and at times opinionated history of Cursillo. Good background.
	Bonnin, Forteza, Vadell	The Structure of Ideas	Not read. Hard to get book that every Cursillista should read based on what I have read and heard.
	National Cursillo Center	Pulished booklets on all aspects of Cursillo	They have a book on every facet of Cursillo. Check out Cursillo National Website.
Reference	Reader's Digest	Who's Who in the Bible	Nice non denominational reference to the lives of all key people in Bible
	Richard McBrien, ed	Encyclopedia of Catholicism	A-Z source for all things Catholic!
	Fr Oscar Lukefahr	The Catechism Handbook	Short, easily referenced guide to the Catechism of the Catholic Church. Father Luke is great, this is a good reference for your bookshelf.

	Louis de Wohl	The Quiet Light	Biography of St Thomas Aquinas-very good
Novels	Louis de Wohl	The Spear	Novel on the days leading up to Christ's death.
	Barbara Mujica	Sister Teresa	Story of St Teresa through the commentary of a fictitious nun. Historically accurate fiction that gives one a feel for Teresa as a person